



NEWSLETTER

www.seaforthsoccer.com

Email: info@seaforthsoccer.com

Seaforth Soccer Information Line: 9990 9696 **13th August 2005–VOL 10**

Presidents Report - Richard Wright

First congratulations to the following teams that became Competition Winners last weekend. Under 13/3 Under 13/4 Under 12/4 Under 11/3 Under 12/4 . A fantastic effort by these teams and lets hope that they go on to take out the double.

Sunday 28th august saw the annual Strikers Cup competition for U9 teams from the MWFA and other Associations. Seaforth once again entered a team of our best players from that age group. Unfortunately we did not progress past the Group stage after 2 Draws and a loss to eventual winners Burwood. But as usual Scott Greuters team represented the club in the best possible way with good hard play, good sportsmanship and a never say die attitude and I congratulate them (see match report by manager) and wish them well.

While congratulating people the Seaforth FC would like to congratulate Claudia Snell & Sophia Carlberg on being selected in the Manly United Ladies U11 Development Squad and to Robbie Carollo on being selected in the Manly United Men's U10 Development Squad. Lets all hope that they go all the way and next year will be representing manly United in the reps next year

Our Annual Dinner Dance turned out once again a great night for all those who attended with good food, great music and quite a few drinks had by all . I would like to take this opportunity to thank Steph Goodmanson, Sally Waller and Lyn Peterson for there fantastic efforts in making it another great night.

The Slab has been laid and the brick work for the ground floor should begin this week .Yes it is all starting to happen WE are all still walking around just pinching ourselves to make sure that it is really happening and that it is no longer just a dream.

Unfortunately the building will come at a cost to the Club and we will be starting to heavily fund raise so we can recoup the money that will be spending and we will also be looking for club members to help with fit outs etc more on that later

We will also be looking to fill a couple of positions on next years committee at the moment we will be looking for a Gear Steward and a Fundraising Coordinator so If you would like to become part of next years committee Please contact myself 0412124583

Good Luck to ALL teams - PLEASE SUPPORT THE SPONSORS THAT SUPPORT OUR CLUB

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BBQ ROSTER

DATE	8AM - 10AM	10AM - 12NOON	12NOON-2PM
13-08-05	U7 Sharks	U6 Comets	U7 Kangaroos
20-08-05	U7 Wildcats	U8 Redbacks	U8 Crocodiles

CANTEEN ROSTER

DATE	8.00 - 10.00AM	10.00 - 12.00 NOON	12.00 - 2.00 PM
13-08-05	U7 Hammerheads	U9 Crows	U12/4
20-08-05	U7 Tassie Devils	U6 Pelicans	U8 Bandits

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The Seaforth F.C. Coaches Reference Library is available for coaches to make use of. Look up the materials available and the rules of the library on the Seaforth website: www.seaforthsoccer.com

Open letter to all our junior coaches

Dear Coach,

Firstly I would like to take this opportunity on behalf of Seaforth FC to thank you very much for coaching this year. As you well know, coaching a junior soccer team is no easy task, and we appreciate the time and effort that all coaches give.

To assist us in our efforts with the player assessment and selection trials, I would appreciate you taking the time to complete the attached form. This information is of great assistance to us when it comes time for us to conduct trials at the beginning of each season. It is particularly useful if for some reason a player is sick or injured at the trials and we are unable to see them play.

Please complete the form ASAP and feel free to add extra information on the back if you wish. Last year we only received 75% of the forms back and when it came time for the trials this year, a lot of time was wasted chasing forms from last year's coaches. Please ensure that this form is completed within the next 2 weeks and returned without delay either via email to eggergj@bigpond.net.au or to PO Box 313, Balgowlah NSW 2093.

Thank you once again for your efforts and assistance in the development of our juniors and I hope you will consider coaching again next year.

Kind regards,
Sharon Egger
Coaching Director

P.S. If you are intending on coaching again next year and feel you have the necessary qualifications to assist with the player assessment and selection trials i.e. Junior Soccer Coaching Licence or a number of years coaching and playing experience, then give me a call on 0421 475840.



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Team News

For a full list of match reports go to www.seaforthsoccer.com

Date: Saturday 30th June 2005

Team: U6 Dingos v's Pittwater RSL Shearwaters

Result: Draw 1 - 1

Best Player: Ryan Anderson

Goal Scorers: Ewan Metcalfe

Summary: Another good game from the Dingos. Everybody tried hard. Well done team!
Go the Dingos

Date: Saturday 30th June 2005

Team: U6 Dragons v's Manly Vale Goannas

Result: Win 2 - 0

Best Player: Callum Fernie

Most Improved: All the boys

Goal Scorers: Hugo Weston, Carl O'Neill

Summary: It was a hard but a great game. The Dragons were tested this week as they were down 3 players - no substitutions this week. 'Yippee' thought the boys.... and the coach! BUT they were in for a surprise. The Goannas were a great team and they drew every last breath of fire from the Dragons. With the help of Kolia and Liam, Hugo scored the first goal 5 minutes into the game. There was good, strong possession for the rest of the first half, as well as a couple of injuries. Without substitutions, however, the boys soldiered on. After an incredible kick from Jared, Callum showed great courage and determination as he passed a beauty to Carl who scored the second and winning goal. The boys were ecstatic but tired also and they look forward to the return, next week, of their team mates Mitchell, Dylan and Scott.

To all Sub-Junior U/6, U/7 and U/8 Managers

The Information Packs for the Sub-Junior Gala Day can be collected from the Seaforth Oval canteen on Saturday 13th August from 7.00am.

Each Team Manager will collect an envelope clearly marked for their team. The envelopes will be in a box next to the newsletters.

The Information Pack will contain:

- The Gala Day Information Sheet
- Field Layout Plan, and
- Gala Day Draw and Duty Roster.

Please ensure the Pack is collected and copies made for distribution to your team members.

See you on the day.

Any queries please call 0407 926 242.

Regards,

Phil Gardner: Sub-Junior Vice President

Kim Weekes: Sub-Junior Registrar

U/11 MWFA Development Squad

A big congratulations to Claudia Snell and Sophie Carlberg who were both selected for the Under 11 Development squad. Well done girls!!!!!!



Did you know that as a member of Seaforth F.C? You are entitled to a 5% discount from Rebel Sports for all your sporting needs. A further 5% of what you spend is rebated back to your club.

To receive your discount, quote the following number: 31989

Date: Saturday 30th June 2005

Team: U8 Redbacks v's F K Linx

Result: Win 3 - 0

Best Player: All

Goal Scorers: Liam

Summary: Geez what a late start (12:30) and hot to boot in July!! Anyway there they were the redbacks sitting in the shade waiting for the game to commence. The boys were not impressed that these fields had no posts - using corner posts as goal posts mmmm.. The Linx advised that not all their team was available so Flynn and Oliver from the SFC U7 volunteered their creditable services. The game started at cracking pace with the Linx having an A League goalie keeping the Redbacks at bay until Liam slotted thru. Andre let loose almost cracking the flimsy post. After some oranges the redbacks applied some pressure and Liam squeezed another 2 goals as the FIRE returned. Great games from the U7 brothers fro the opposition.



COMMITTEE POSITION VACANT

Seaforth FC is on the lookout for a web savvy individual interested in further developing & maintaining www.seaforthsoccer.com. This is an opportunity to join a great committee and gain satisfaction by performing a vital role in the Seaforth football community.

If you are interested or would like further details please contact Daniel on 0425 226 485 or info@seaforthsoccer.com



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Date: Saturday 30th June 2005

Team: U7 Sharks v's CC Strikers Sharks

Result: Win 4 - 0

Best Player: Sean

Goal Scorers: Quint 2, Hooper 1, Chief Brody 1

Summary: On the weekend of the 30th anniversary screening of Jaws the vagaries of the draw tossed up the Seaforth Sharks v CC Strikers Sharks. This was the most anticipated game of the season to determine which Shark ruled the seas! Finn played the part of the knarly and wily sea-captain Quint to perfection and knew exactly what to do when the CC Sharks started nibbling. He calmly fired barrel #1 into the CC Sharks fin to start the show rolling. But the CC Sharks took the hit easily and came back biting. He then followed up with another perfectly placed barrel in their fin. Pierce played the part of Hooper to perfection, being an absolute dead-ringer for him, sans the beard. His knowledge of sharks was second to none and he used that expertise to prise open their defence and fire barrel #3 into their flank. In the second half Quint retreated to the goal while the rest of the crew, Murray, Jack, Connor and Sean, stared ominously into the black eyes of the Sharks and continued to run them ragged. Finally, it took Chief Brody (aka Liam) to finish off the CC Sharks with an explosive long-range howler of a shot. There was much conjecture of whether it was from 5, 10 or 15 metres. Not being there I'd venture to say it was a 20 metre whooper! We look forward to the CC Strikers Sharks resurrection in Jaws II next season. Hopefully Quint will have recovered from his rather nasty bite to star again, along with Chief Brody, Hooper and all the rest of the Orca crew. Best Actor award went to Sean under the expert direction of Peter Wilding who was called in at short notice to implement the intricate game-plan. He was ably assisted by Lana & Georgia Wilding who kept the substitutions ticking over. Next week will see the 45th anniversary screening of The Magnificent Seven – which obviously excludes our absent forward dynamo, Henry, who is still swanning around Spain.

Date: Saturday 30th June 2005
Team: U8 Bandits v's CC Strikers
Result: Win 5 - 2
Best Player: Tom Dowse
Most Improved: Jack
Goal Scorers: Chris, Matt 2

Summary: Well Done Bandits-Great win once again!!!. Jack was SUPER. Tom Oliver and Matt were Awesome on the wing. Tom Dowse showed that practicing with his new gold world cup ball was paying off. Chris was "UNBELIVABLE" once again scoring by juggling to score!!!. Eammon showed again that nothing was going passed him with excellent defence. Go Bandits.

Date: Saturday 30th June 2005
Team: U8 Dolphins v's Curl Curl Demons
Result: Loss 6 - 1
Best Player: Claudia Flannery and Sofia Liguori
Goal Scorers: Claudia

Summary: GOOOOAAALL. Yes, the Dolphins have broken their goal drought. Amid great excitement on and off the field, Claudia finished off a spirited attack to score the first goal of the season. It was something the girls talked about before the game and it was wonderful to see them achieve it - their smiles make it all worthwhile. Well done Dolphins.



GET ACTIVE PHYSIOTHERAPY

"Seaforth FC teams up with Get Active Physiotherapy"

No more excuses for missing training or games due to injury or muscle soreness as Get Active Physiotherapy has joined the Seaforth FC Team. Paul Wright and the team at Get Active have arranged for special "Sports Team Rates" for all players of Seaforth FC when they use a Get Active clinic for any physiotherapy, massage, acupuncture or podiatry service. Get Active Physiotherapy has clinics inside the Fitness First gyms at Dee Why, St Leonards, Carlingford and Castle Hill with our club discount being available at any of these locations - and you DO NOT need to be a member of Fitness First to use the physio services at Get Active.

To make an appointment call the Get Active central booking number 1300 8 9 10 11 and make sure you mention that you are a Seaforth FC member. Check their website at www.getactivephysio.com.au for a full list of services and locations.

Date: Saturday 30th June 2005
Team: U9 Dingos v's Seaforth U9 Bears
Result: Win 3 - 0
Best Player: Dylan Bruce
Goal Scorers: Thibaud (2), Jeremy

Summary: On a warm morning, the Dingos controlled the ball well throughout the match and our strong defence quickly shut down the opposition. Three excellent team goals and some creative work by our midfield and attackers. We have continued to improve throughout the season.

Date: Saturday 30th June 2005

Team: 35/3 v's BTH RAIDERS

Result: Win 7 - 0

Best Player: Another great all round team performance

Most Improved: Securing our place in the top two

Goal Scorers: Jim (2) Glenn (2) Stuart (2) Keith (1)

Summary: As we look towards the semis a win against BTH has secured our position of at the very least finishing second in the league. Despite some players looking to score 'Goal of the Season' we went about our business in a proper manner and strolled to victory in easy fashion.

Date: Sunday 31st July 2005

Team: LA-U12/1 v's Avalon

Result: Win 3 - 0

Best Player: Team attitude, passing and commitment

Goal Scorers: Amy, Claudia

Summary: Today we turned up ready to play and received reward for effort. We hustled and pressured Avalon and scored 3 good goals. In the second half we continued our pressure and were unlucky not to add to the score line. WELL DONE GIRLS - WE ARE IN THE SEMIS!!!!!!

Date: Sunday 31st July 2005

Team: LA-U16 v's BTH Raiders

Result: Loss 8 - 0

Best Player: Jess H, Allana

Most Improved: Elise, Eloise, Jenna, Karrie, Lucy, Sam, Alex H, Alex S

Summary: What a way to finish a season. The team played like BTH were nobodies and went out as they always do and played a helluva game. No drooped shoulders as the score line increased, just happy faces and a rock solid determination to keep the score as little as possible. On top of this, they never gave in and mounted a couple of raids that we were unlucky not to score from. This team is what soccer and spirit is all about. Every player turned up each week and had a go. We didn't win too many, in fact, none at all, but there were a few teams that were glad they got away with a win after our girls incredible determination. Hoping to see you all again next year. You made your coach, manager, parents and spectators very happy and proud of you.

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Date: Sunday 31st July 2005

Team: LA-U10 Flamingos v's Seaforth Stars

Result: Win 2 - 1

Best Player: All the Flamingos

Goal Scorers: Kate Chiswell, Ciara Harding

Summary: The last time these two teams met, they played a thrilling draw, and this was a much-anticipated rematch which did not disappoint. The game was an absolute cracker. Two closely-matched and very skilled teams put everything they had into the game and, while the Flamingos came out in front this time, a draw would have been a very fair reflection of the game. Full marks to both teams, who played with wonderful spirit and skill. For the Flamingos, Kate, Briella and Ella were outstanding, Ciara was always dangerous up front, our goalies (Jane and Sophia) excelled in the face of relentless attack while, each of Polly, Jacinta, Saskia, Ali and Nina brilliantly fed the ball to the forwards and backed up in defence. Great game!



2005 LADIES SOCCER NEWS "FROM THE POWDER ROOM"

I can't believe it. I think I'm getting soccer withdrawals and the season hasn't even finished. Must be the way the season ended with the "wash-out" games costing players much fun time on the park. As of 2 months ago I was longingly eying the calendar and fantasising my next Sunday golf game. (I know..... get a life).

At this stage, the Ladies group has 2 teams in the Semi Finals this Sunday, 14 August:-

Under 12 Div. 1 "Digby's Devils" and the Under 12 Div. 4 team, "Brett's Bashers" will be attempting to be our representatives on Finals day @ Cromer on August 21st.

The Seaforth F.C. wishes both teams the best of luck and hope you enjoy the experience of playing in a Final.

If you want to see some great attacking soccer, don't miss either game. The U12/1's will be a ripper.

Our **U10 teams** will play out their season over the next two weeks after a very successful Gala Day last Sunday. Whoever said this was a "non competitive" comp has not attended too many games. The Stars and the Flamingos continued their duel for bragging rights with the Stars coming thru' on goal differences, that is how close these two teams are. The Devils and Champs were in it to the death with the Champs winning thru' and not to forget the Starlets who also played very well. Congratulations to all teams and managers, hang in there as next year will be very exciting with teams being graded in the U 12's.

The **U12/1's** came 3rd and were unlucky to drop off the pace at the end of the season. The next two weeks are a new ballgame and we hope they strike their past form again.

The **U12/2's** finished 1 point out of the four, with a forfeited game proving very costly for them. It goes to show that we must read our emails!! Well done all of the team as I thought you were a very good team that seemed to enjoy your soccer together and showed it on the field.

The **U12/4's** are in the semi's and are a real chance. On their day, the team is unbeatable, but must hold their field positions. Brett has done a great job and only needed more to turn up for training to really get the full benefits of the season.

The mighty **U14/1's** met the eternal problem of a successful team stepping up two age groups. A good learning curve for them, they played some great soccer to come 6th by only a few points.

2006 will be a very good year for this team as they will be back on level terms with the older players.

Our **U14/2's** were the surprise package of 2005. Half of the team were new to soccer, defecting from the Netball world – good decision for Seaforth. The girls actually came from **10** different schools, yet blended fantastically, became great friends and enjoyed some wonderful soccer moments. These girls emphasised the Seaforth philosophy of forming a **TEAM** rather than a group of players trying to win every game. They are a credit to their parents, whilst coach Stix and the parents and manager are a credit to the Club. Thankyou for making my season memorable.

The **U16/1** were another successful **TEAM**. They didn't win any games, they only scored two goals (thanx Maddie & Jess) but they enjoyed themselves, had great fun and laughed all the way thru' the season. Real winners off & on the field and so well managed by the Andrews family.

Smealie's Open 2 Ladies promised much but didn't have the best of luck to just miss out on the semi's by a point. A mix of very experienced and newer players, some tight games went the wrong way and any disappointment should be tempered by the potential for next year if you all stay together. Sharon did a great job getting them together and Phil's coaching is a joy to experience.

The original "**All Stars**" playing under the guise of **Open 4's** were grey hair material. A team of great players, they took a while to get their cohesion, but from then on it was just bad luck (disallowed goals, missed chances, etc) that saw them come 5th. Every team above them were relieved when they missed out as this Team has enormous potential and area great bunch of mates.

Full credit to all the Seaforth girls for their attitude and skills. I have been well assisted by a great TEAM of coaches & managers and not to forget, the supporters. This year has been extremely hectic with the Clubhouse construction facilitated and trying to reorganise training times & fields after the Ovals changeover. We are now off and running with the Clubhouse expected to be ready by Jan./Feb 2006.

As this is the final newsletter I would like to say to all the parents of female players out there: Ladies Soccer is going through the roof. Next year I am sure that we will be catering for extra all-girl teams from age 10 up. There is talk of an U11 & U13 comp. although probably not until 2007. Our U12 teams are the nucleus for our Competition as these teams represent the strength of our Club. It is an extremely competitive division and girls will be graded because playing Division 1 should be an aspiration for every young player seeking to improve themselves and their skills.

I would always encourage junior girls to play mixed Saturday comp as long as they can as it is a terrific grounding for them, however, Seaforth will be recruiting for more Ladies Sunday teams in 2006 and you can play Saturdays as well as Sundays, if your parents can stand it..

THANKYOU EVERYONE WHO HAS HELPED OUT THIS YEAR. You know who you are and I would like to express how totally appreciated you are. Whether it's ferrying other players, helping set up training, supporting each week and attending team gatherings, it is a tremendous encouragement for coach and manager when they know they have your full support. I hope to see you all again in 2006.

Special mentions to:- Gary Fowler, Dave Waller, Peter Chiswell, Frank Machart, Gail Bond, Brian Atherton, Digby Hughes, Liz Kirov, Jon Mitchell, Mark Newcombe, Brett Hartley-Wilson, Michael Foster, Joe George, Brenda Gilet, Stix, Sally & Ed Darmanin, Keith & Frances Andrews, Phil Smealie, Sharon, Evan & the mercurial Steph Goodmanson. The success of the season is due to all of you and your unselfish donation of time and energy. THANK YOU.

HELP WANTED !!!

Next year will see an increase in U10 & 12 teams. I am envisaging at least 5 teams in each age, as well as 2 x U14's, an U16's, U18's and our Open Ladies teams. **Support staff are needed.** Coaches, Managers and go-fors are especially needed. Ideally we will have a **Ladies Coordination Group** in place to share the workload and ensure the pleasures of soccer are enjoyed and don't become chores. Gradings will be a big issue in 2006 and we need to develop our coaching base. If you feel you can assist next year, don't be shy as you will meet great kids and parents and see some unbelievable soccer.

PS don't forget to attend your break-up picnics/events. It is a nice way to finish the season together.

My email is [chris _ goodmanson@pittwater.nsw.gov.au](mailto:chris_goodmanson@pittwater.nsw.gov.au).

Cheers, Chris.

STRIKERS CUP DAY – SUNDAY 31 JULY 2005

You never mind getting up early if there's the prospect of a great day of soccer ahead of you! That day was Sunday 31 July – the annual Strikers Cup at Cromer – and the day did not disappoint. By 7.30am the 14 Strikers Cup Squad players, their loyal family and friends, inspirational Coach, SFC Coaching Director & SFC President were proudly inhabiting the Seaforth FC marquee.

Our first game was at 8am and for such an early start the whole team were alert and ready to “strike”. The team had worked well over the previous few weeks and this showed in the high possession rate and numerous corners brought about by constant pressure. However we were unable to convert that pressure into any goals and the final whistle flew on a 0-0 draw.

Time for a rest, a bite of breakfast for those in need & then a building excitement at the prospect of playing on the “Stadium” ground – Cromer 1 – in front of the Lucas Neill grandstand. As soon as the squad hit the ground all nerves were forgotten and they played with a renewed purpose and spirit. The team again worked together and chased down every ball. The backs were so effective that by the end of the game our goalkeeper had not touched the ball! The midfield kept the ball alive and the forwards again dotted the goal – but once more the ball failed to find the back of the net. Another 0-0 draw but still in with a chance.

Onto the 3rd game and after so much running on such a huge ground, a slight weary squad took the field for a game against Burwood. They scored early and despite a fairly evenly matched game our squad's legs had trouble keeping up with their breakaways and they were soon a couple of goals up. Added to that were a couple of penalties and despite all our very best efforts Burwood came away the winners by 6-0. We had run a great campaign but were eventually thwarted by the team who were to become the eventual winners of the Strikers Cup – congratulations Burwood.

Everyone in the Seaforth Strikers Cup Squad gave their all and the following people should be recognised for this:

THE COACH – **Scott Greuter** - The players all think you're wonderful and would like to thank you very much for your time and coaching.

THE PLAYERS – Charlie Brookes-Allen, Adam Gergich, George Hartley-Wilson, Alexander Hennock, Alec Henry, Thomas Jason, Kieran Lacy, Max Liden, Harriet Lugsdin, Lachlan Murphie, Dan Murphy, Thomas Newcombe, Justin Seager, Oscar Smith.

THE PARENTS - The players would like to thank their parents for all the running around to extra practices and matches. Thanks for letting us enjoy the experience!

SFC Coaching Director – Sharon Egger – Thank you for all your help & assistance.

SFC President – Richard Wright – Thanks for your support and the SFC Strikers Cup shirts – which the players will wear with pride!



Above: The Seaforth U9, 2005 Strikers Cup representative team.

Do you have some spare time??

Manly Meals on Wheels is looking for volunteers!!

You're needed once a week, once a fortnight or once a month to deliver meals in the Manly Local Government Area & North Balgowlah.



Only 2 hours from 9.30am as a driver or a helper.
Please ring Dani or Tom on 8966 - 9925 for more information.



Found – Fleecy Size10 Some one has worked really hard for this

**Embroidered 2003
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Contact Richard Wright 0412124583

REMINDER

GEAR RETURN

The end of the season is approaching – please be thinking about the Gear return.

All Gear is expected to be returned 2 weeks after completion of the competition.

Managers if you have allocated your shirts out to your team please collect the shirts **after the last game of the season.**

All shirts/goalie shirts are to be washed and returned in the same condition they were received.

Please be aware on return of your kit bag if any shirts/goalie shirts are **missing** a **charge** will be made.

You will be receiving via e-mail a copy of your signed gear issue sheet so you will be aware of what items are to be returned.

U6 – U8 Teams Will return your gear on Gala Day see your own schedule for times.



Notice
of Seaforth AGM
Thursday 17th
November
Balgowlah RSL

7.30 pm

Committee positions available

Come and support your club

Presentation Night

Sunday 18th September

Manly Vale Bowling Club

Campbell Parade (Opposite Mackellar High)

5:30 pm

2005 Dinner dance snapshots



Above: Joe & Kym all smiles



Above: A good time had by all



Above: Club sponsors, Robert Klaric, Rob Carollo & Frank MacDonagh



Above: Saturday night fever



Above: Steph & Barry